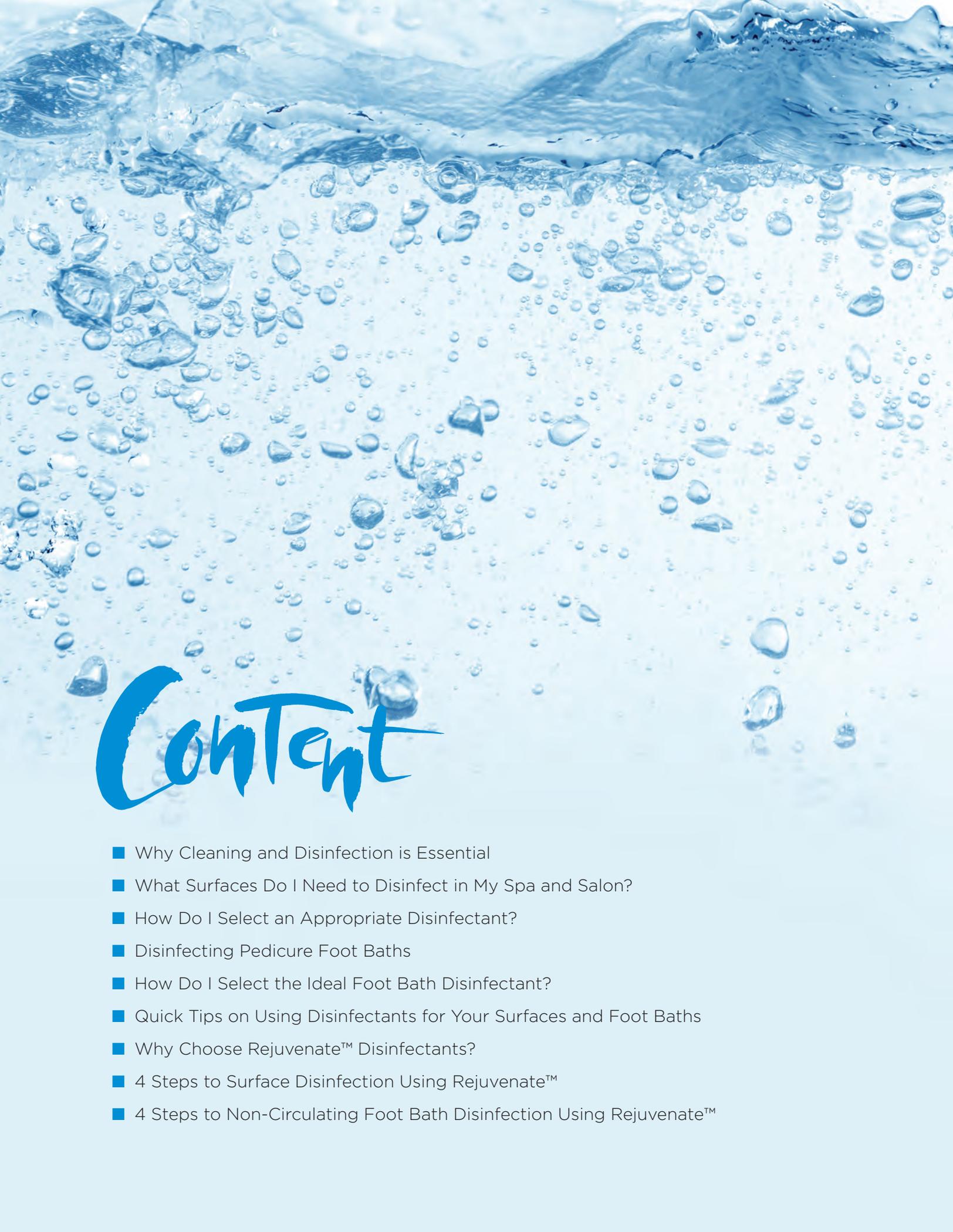


REJUVenate™  
SALON & SPA DISINFECTANTS

The Ultimate Guide  
to Surfaces  
and  
FOOT Bath  
Disinfection

SURFACES AND  
FOOT BATH DISINFECTION

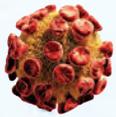


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- What Surfaces Do I Need to Disinfect in My Spa and Salon?
- How Do I Select an Appropriate Disinfectant?
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- 4 Steps to Surface Disinfection Using Rejuvenate™
- 4 Steps to Non-Circulating Foot Bath Disinfection Using Rejuvenate™



**Also available:**  
*The Ultimate Guide to Nail Salon Tool Disinfection*  
Available now at:  
[RejuvenateDisinfectants.com](http://RejuvenateDisinfectants.com)



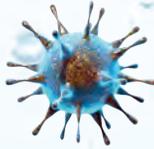
HIV



NAIL FUNGUS



HEPATITIS



HERPES



STAPHYLOCOCCUS  
AUREUS

## Why Cleaning and Disinfection is Essential

In every Salon and Spa, cleaning and disinfection is important to protect workers and clients from harmful pathogens. **Infections can easily spread through direct contact with a client during treatments, so proper infection control practices can help remove and eliminate disease causing microorganisms.**

Keep in mind, clients with medical conditions like diabetes or clients who present with non-intact skin such as an open wound, cut or abrasion are more susceptible to spreading or acquiring infections.

**Disease causing microbes that may be present on surfaces and foot baths include:**

- **Bacteria** (MRSA Methicillin-resistant *Staphylococcus aureus*)
- **Mycobacteria** (Skin infections)
- **Fungi** (Athlete's foot, nail fungus)
- **Viruses** (Hepatitis B & C, HIV, Herpes, Influenza, Norovirus)

**You have the right to refuse service to anyone you feel may be at risk of infection or pose a health risk to others. Remember safety starts with you!**

## What Surfaces Do I Need to Disinfect in My Spa or Salon?

Work surfaces including countertops, manicure stations, high touch surfaces such as LED/UV lamps, and drying stations should be frequently disinfected.

**REMEMBER:**  
Surfaces touching  
client's skin should be  
disinfected between  
each client and at the  
end of the day.



COUNTER TOPS

LED/UV LAMP



MANICURE STATIONS

CHAIRS



EXTRACTORS

## How Do I Select an Appropriate Disinfectant for My Spa and Salon Surfaces?

When it comes to disinfecting spa and salon surfaces, you will need to use an **EPA-registered disinfectant** which will have broad spectrum bactericide, virucide and fungicide claims on the label. Each disinfectant will specify a required contact time that surfaces have to stay wet for (ranging anywhere from 1 to 10 minutes). Meeting this contact time ensures your disinfectant is doing its job and killing all those unwanted pathogens. Additional considerations which you should also keep in mind:

**PERSONAL SAFETY:** Does exposure and use of the disinfectant result in any health issues to you such as skin and eye irritation or exposure to volatile organic compounds?

**PRECAUTIONARY LANGUAGE:** Are there any handling warnings or requirements to use protective gear like eye wear or gloves?

### **ENVIRONMENTAL IMPACT:**

Is the disinfectant gentle on the environment? Is it biodegradable?  
Is it safe and legal to dispose of down the drain?

Not all disinfectants are the same,  
so don't unnecessarily expose yourself  
to harsh chemicals if you don't need to.  
**READ THE LABEL.**



# Disinfecting Pedicure Baths in Your Salon and Spa

Foot baths can be circulating (whirlpool)—also known as “piped” or non-circulating (basin-style). In recent years, the trend has been to move away from circulating foot baths because of the difficulty accessing jets and pipes for cleaning and disinfection purposes. These internal jets and pipes are known to harbor various pathogens and harmful biofilms.

**Regardless of the foot bath system used, both require disinfection after each client treatment.**

**REMEMBER:**  
Remove all visible soils before cleaning and disinfecting. Refer to each disinfectant product label to determine if your disinfectant is a one-step cleaner disinfectant.



**Q: If I use a single use disposable liner on foot baths, do I still have to clean and disinfect between each client and at the end of the day?**

*A: Yes! Although having disposable liners is more hygienic for your clients, disinfection of foot baths is still required after drainage and removal of each liner.*

**Q: Can I mix my cleaning and disinfecting products into a single product?**

*A: No! Mixing disinfectant chemistries with cleaning agents or even scents and dyes could result in a dangerous mixture and even reduce the effectiveness of each separate product.*

# How Do I Select the Ideal Foot Bath Disinfectant?

Foot baths may come in contact with nail fungus and athlete's foot which can easily be passed on from one client to another. Therefore it is critical that an EPA-registered disinfectant be used that comes with a fungicide claim.

Fungi are harder to kill and typically take more exposure time to the disinfectant in order to be eliminated. So be sure to look at the contact time required to kill fungi as indicated on the label—they may differ significantly from product to product (anywhere from 1 to 10 minutes).

## REMEMBER:

Refer to your specific state guidelines to determine if your disinfectant needs to be Tuberculocidal. If so, it must have a *Mycobacterium* claim listed on the label. Always ensure the disinfectant you choose meets your state standards!



**Just as with surface disinfection, there are other factors that should play a role in your selection criteria.** Does the disinfectant come with worrisome precautionary language? Does it require personal protection equipment? Is it gentle for continued exposure to users and also safe for the environment? Only when you're aware of a disinfectant's benefits and potential drawbacks, can you ensure the safety of your clients the environment and most importantly—you!

<< **PRO TIP! Promoting the use of safe and eco-friendly disinfectants can be good for attracting new business!**

## ASK THE EXPERT



**Q: Do I Always Need to Disinfect My Surfaces and Footbaths Between Clients?**

*A: Yes, disinfectants are chemicals designed to kill disease causing bacteria, fungi and viruses, keeping your surfaces and foot baths safe for service. If these surfaces are not properly disinfected before use, they can transmit microorganisms and may lead to the transmission of an infection to your clients.*



# Quick Tips on Using Disinfectants for Your Surfaces and Foot Baths

## Read the Label

Every disinfectant solution is different, which is why you must always read the label to understand how to use the product safely and properly. Always follow the manufacturer's instructions to ensure you are correctly disinfecting or refer to the Safety Data Sheet (SDS).

## Know the Contact Time

The contact time is the length of time a disinfectant takes to kill microorganisms. The surfaces must remain wet for the entire contact time specified. Always check your disinfectant's label specifications which can vary from 1 to 10 minutes.

## Know the Shelf Life

The shelf life for every disinfectant will differ before it must be discarded. When using concentrate disinfectants that are to be diluted, note the shelf life of both the opened concentrate and the in-use dilution. The longer the shelf life, the more economical the disinfectant.

## Keep Yourself Safe, Exercise Hand Hygiene

Keeping yourself safe by exercising hand hygiene is your first line of defense against pathogens. Be sure to wash your hands between each client visit or after contact with any surface or foot baths. While some disinfectants may not require the use of gloves, it is a best practice habit that should nonetheless be part of your sanitizing practice.

## Properly Mix and Dilute Concentrated Disinfectants with Accuracy

When diluting concentrated disinfectants, accuracy is important. Never guess or estimate, always measure before mixing and make sure you follow manufacturer's instructions for any precautions, recommended usage and disposal.

## Use Foot Bath Liners to Improve Customer Safety

Many salons use disposable liners because they reduce soil buildup between clients and limit skin sensitivities. These liners should be drained and disposed of after each client, and the basin must also be disinfected after each use.

## Storage and Disposal

Some disinfectants have to be disposed of daily when diluted solutions are created, while others can continue to be effective killing germs for some time (up to 90 days). The longer the shelf life once diluted, the more convenient it is to use and the more money it ends up saving your salon.





# What is in Your Pedicure Water?

Germs and bacteria may be letting loose in your foot baths just waiting for unsuspecting customers. That's why you need to protect your business with **Rejuvenate™** — the leader in infection control for salons and spas.



**REJUVENATE™**  
SALON & SPA DISINFECTANTS



# Why Choose Rejuvenate™ Disinfectants?

When it comes to choosing a disinfectant for your salon and spa, we know you have many choices. But Rejuvenate is different from other disinfectants: **it kills germs fast without the use of harsh chemicals**. That's not only good for your clients but also good for you and the planet! Here's why Rejuvenate stands out from the crowd:



## REJUVENATE IS TOUGH ON GERMS

- Rejuvenate disinfectants are **EPA approved** for use on surfaces and with foot baths.
- Rejuvenate Concentrate has a 5 minute contact time, and once diluted can be reused for up to **90 days** in a workplace bottle.
- Rejuvenate Wipes can kill germs in as little **as 1 minute!**



## REJUVENATE IS SAFER FOR YOU

- Rejuvenate disinfectants are **non-toxic**, and **do not require the use of personal protective equipment (PPE)\***.
- Rejuvenate is **odor-free and non-irritating to eyes and skin**.
- Rejuvenate **will not leave behind toxic residues** that are harmful to clients and staff.



## REJUVENATE IS ECO-FRIENDLY

- Rejuvenate has **biodegradable** properties which allows it to be poured down the drain **safely**.
- The active ingredient in Rejuvenate, hydrogen peroxide, breaks down into **Oxygen and Water**.



# 4 Steps to Surface Disinfection Using Rejuvenate™

1

## CLEANING

Remove any dirt or debris from surface.



2

## SPRAYING/WIPING

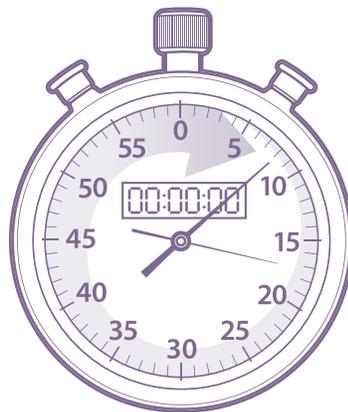
Use Rejuvenate Wipes or diluted Concentrate on surface.



3

## DISINFECTING

Allow the surface to remain wet for the required contact time.



4

## DRYING

Allow surface to air dry.

# Disinfectant Checklist:

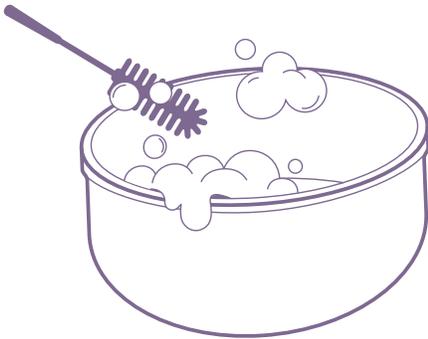
- Work Stations
- LED/UV Lamps
- Treatment Areas
- Counter-Tops
- Drying Stations
- Massage and Facial Tables
- Chairs
- Warming Equipment
- Magnifying Lenses
- Reception and Common Areas
- Stools
- Trolleys
- Skin Care Equipment
- Body Slimming Machines
- Waxing Tables
- Facial Steamers

# 4 Steps to Non-Circulating Foot Bath Disinfection Using Rejuvenate™

1

## DRAINING

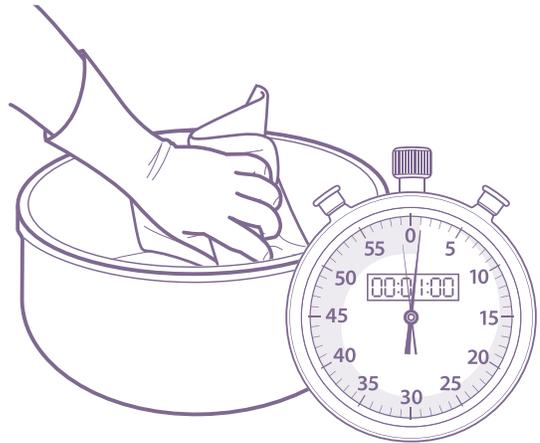
Drain the basin and remove any visible debris.



2

## CLEANING

Clean the basin with detergent or diluted Rejuvenate™ Concentrate solution. Rinse and drain.



3

## DISINFECTING

Disinfect basin with diluted Rejuvenate™ Concentrate solution or Wipes. Allow the surface to remain wet for the required contact time.



4

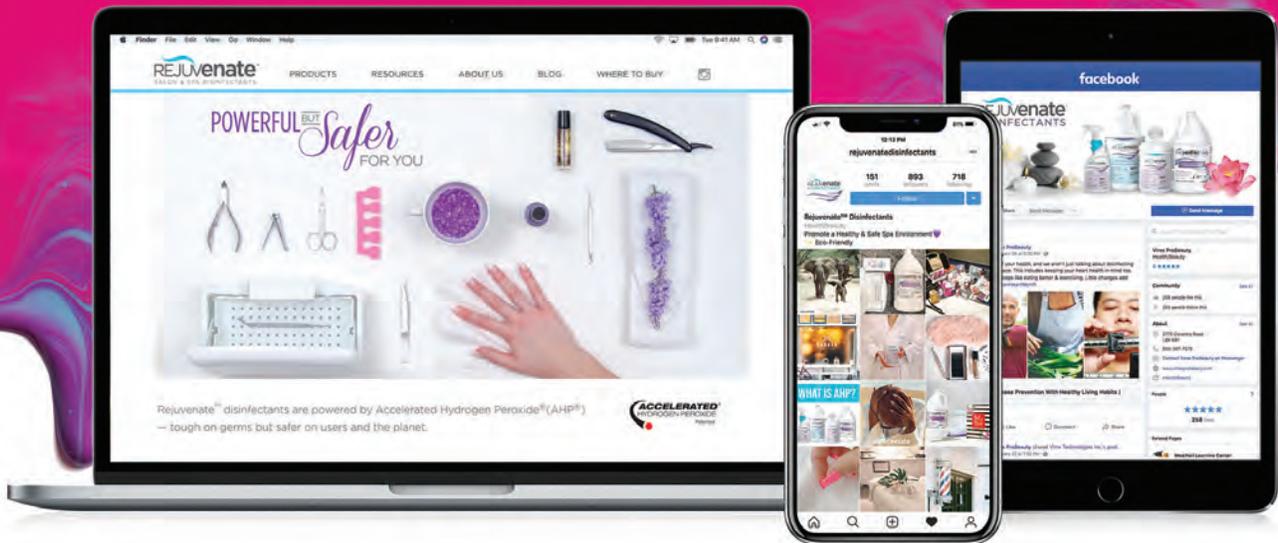
## RINSING

Drain and rinse with clean water.

For circulating foot baths protocol, visit: [RejuvenateDisinfectants.com](https://www.RejuvenateDisinfectants.com)

# Learn More...

For more information and to subscribe to our KEEP IT CLEAN blog, visit us at  
**RejuvenateDisinfectants.com**



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